



# 2012 FLORIDA TRACK AND FIELD MEN'S OUTDOOR BESTS UPDATED: MAY 7, 2012

## 100 METERS

School Record: 9.99, *Bernard Williams, 2000*  
 10.01w Jeff Demps Clyde Littlefield Texas Relays (3/31) 1st  
 10.54 Leonardo Seymore Clyde Littlefield Texas Relays (3/30)-prelim

## 110-METER HURDLES

School Record: 13:32, *Josh Walker, 2004*  
 13.54 Eddie Lovett Tom Jones Classic (4/21) 7th  
 14.39 William Wynne Tom Jones Classic (4/21) -prelim

## 200 METERS

School Record: 19.87, *John Capel, 1999*  
 20.60 Tony McQuay Tom Jones Classic (4/21) 3rd  
 20.64 Jeff Demps Pepsi Florida Relays (4/6) 10th  
 20.88 Dedric Dukes Tom Jones Classic (4/21) 6th  
 21.94 Jovon Toppin UCF Invitational (3/24) 14th  
 22.12 Michael Burris UCF Invitational (3/24) 18th

## 400 METERS

School Record: 44.66, *Tyrone Kemp, 1989*  
 45.65 Tony McQuay Pepsi Florida Relays (4/6) 1st  
 46.87 Hugh Graham Jr. Tom Jones Classic (4/21) 5th  
 47.94 Michael Burris Tom Jones Classic (4/21) 14th  
 48.48 Jovon Toppin Pepsi Florida Relays (4/6) 50th

## 400-METER HURDLES

School Record: 47.24, *Kerron Clement, 2005*  
 54.87 William Wynne Tom Jones Classic (4/21) 8th

## 800 METERS

School Record: 1:44.46, *Mark Everett, 1988*  
 1:48.85 Tyler Cardillo Pepsi Florida Relays (4/6) 7th  
 1:49.20 John Mitchell Pepsi Florida Relays (4/6) 8th  
 1:51.58 Daniel Wehunt Tom Jones Classic (4/21) 2nd  
 1:54.78 Luc Lawrence Pepsi Florida Relays (4/6) 36th

## 1,500 METERS

School Record: 3:38.57, *Shane Stroup, 2005*  
 3:54.88 Tyler Cardillo Tom Jones Classic (4/21) 2nd  
 3:57.60 Harsha Torke Pepsi Florida Relays (4/6) 31st  
 3:59.31 JL Hines Pepsi Florida Relays (4/6) 34th  
 3:59.32 Eddie Garcia Pepsi Florida Relays (4/6) 35th

## 3,000 METERS

8:27.42 JL Hines Tom Jones Classic (4/21) 1st  
 8:38.85 Eddie Garcia Tom Jones Classic (4/21) 2nd

## 3,000 METER STEEPLECHASE

School Record: 8:38.59, *Chris Duncan, 2002*  
 9:01.01 Mark Parrish Pepsi Florida Relays (4/6) 3rd  
 9:21.65 Michael Anderson Pepsi Florida Relays (4/6) 8th  
 9:56.55 Harsha Torke Tom Jones Classic (4/21) 4th

## 5,000 METERS

School Record: 13:51.30, *Dan Middleman, 1989*  
 14:02.57 Josh Izewski Pepsi Florida Relays (4/6) 1st (PR)

## 10,000 METERS

School Record: 28:31.21, *Keith Brantly, 1982*

## 4x100-METER RELAY

School Record: 38.35, *Carroll, Williams, Armstrong, White, 2000*  
 38.67 Florida Tom Jones Classic (4/21) 1st  
 (Demps, McQuay, Seymore, Dukes)  
 39.26 Florida Clyde Littlefield Texas Relays (3/31) 5th  
 (Demps, Graham, Jr., Seymore, Dukes)

## 4x400-METER RELAY

School Record: 3:00.31, *R. Anderson, McQuay, C. Taylor, Smith, 2010*  
 3:02.41 Florida Drake Relays (4/28) 1st  
 (Dukes, Graham, Jr., Seymore, McQuay)

## 4x800-METER RELAY

School Record: 7:14.36, *Jones, Lacy, Adderley, Peters, 1993*  
 7:41.25 Florida Pepsi Florida Relays (4/7) 9th  
 (Mitchell, Wehunt, Cardillo, Obinwa)

## HIGH JUMP

School Record: 2.28m/7-5.75, *David Furman, 1997*  
 2.10m/6-10.75 Dwight Barbiasz Pepsi Florida Relays (4/7) T-7th  
 1.90m/6-2.75 Ryan Summers Tom Jones Classic (4/21) 4th

## LONG JUMP

School Record: 8.39m/27-6.50, *Dion Bentley, 1993*  
 7.49m/24-7 Marquis Dendy Clyde Littlefield Texas Relays (3/31) 8th  
 7.24m/23-9 Omar Craddock Tom Jones Classic (4/21) 5th  
 7.21m/23-8 Josh Pederson UCF Invitational (3/23) 5th

## TRIPLE JUMP

School Record: 17.40m/57-1, *Christian Taylor, 2011*  
 15.15m/49-8.50 Marquis Dendy Tom Jones Classic (4/21) 1st

## POLE VAULT

School Record: 5.70m/18-8.25, *Mike Holloway, 1992*  
 5.00m/16-4.75 Max Lang Pepsi Florida Relays (4/7) 11th  
 4.40m/14-5.25 Anthony Amodio UNF Invite (3/30) 11th  
 4.60m/15-1 Kyle Mailloux Pepsi Florida Relays (4/7) 22nd

## SHOT PUT

School Record: 20.10m/65-11.50, *Dwight Johnson, 1992*  
 14.89m/48-10.25 Hunter Joyer Tom Jones Classic (4/21) 4th  
 14.89m/48-10.25 Jeremy Postin Tom Jones Classic (4/21) 4th

## DISCUS

School Record: 61.39m/201-5, *Wes Stockbarger, 2007*  
 48.51m/159-2 Stipe Zunic Drake Relays (4/28) 20th  
 41.59m/136-05 David Triassi Tom Jones Classic (4/21) 4th  
 40.67m/133-05 David Levin Tom Jones Classic (4/21) 5th  
 40.49m/132-10 Gray Horn Tom Jones Classic (4/21) 6th  
 40.31m/132-03 Jeremy Postin Tom Jones Classic (4/21) 7th

## HAMMER THROW

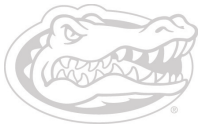
School Record: 70.73m/232-1, *Jeremy Postin, 2012*  
 70.73m/232-1 Jeremy Postin Drake Relays (4/28) 1st  
 58.09m/190-07 David Triassi Tom Jones Classic (4/21) 3rd  
 57.87m/189-10 David Triassi Pepsi Florida Relays (4/6) 4th  
 51.64m/169-05 David Levin Pepsi Florida Relays (4/6) 14th

## JAVELIN

School Record: 83.30m/273-3, *Tom Pukstys, 1990*  
 77.89m/255-6 Stipe Zunic Clyde Littlefield Texas Relays (3/30) 1st  
 55.96m/183-07 Zane Breakiron UNF Invite (3/31) 6th  
 51.43m/168-09 Gray Horn Tom Jones Classic (4/21) 5th

## PERFORMANCE LIST LEGEND

- A - NCAA Automatic-Qualifying Mark
- c - Converted Time
- TC - Top Collegian
- MR - Meet Record
- FR - Facility Record
- SR - School Record



## 2012 FLORIDA TRACK AND FIELD WOMEN'S OUTDOOR BESTS UPDATED: MAY 7, 2012

### 100 METERS

School Record: 11.13, Michelle Freeman, 1992

11.33 Darshay Davis Clyde Littlefield Texas Relays (3/30)6th (PR)

### 100-METER HURDLES

School Record: 12.79, Michelle Freeman, 1992

13.66 Ugonna Ndu Clyde Littlefield Texas Relays (3/30)-prelim-(PR)  
 13.84 Brittany Harrell Tom Jones Classic (4/21) 3rd  
 14.21 Amani Bryant UCF Invitational (3/24) 10th  
 14.30 Ashley Favors Tom Jones Classic (4/21) -prelim-  
 14.40 Paige Morton UCF Invitational (3/24) 12th  
 14.78 Katrina Dekrey Tom Jones Classic (4/21) -prelim-  
 15.93 Monique Harris Pepsi Florida Relays (4/06) 57th

### 200 METERS

School Record: 22.84, Natalie Knight, 2008

23.03 Darshay Davis Pepsi Florida Relays (4/06) 3rd  
 24.01 Ebony Eutsey Tom Jones Classic (4/21) 7th  
 24.80 Michelle Stegall UCF Invitational (3/24) 23rd  
 25.26 Brittany Harrell Clyde Littlefield Texas Relays (3/28) -hept-  
 27.10 Danielle Newsome UCF Invitational (3/24) 41st

### 400 METERS

School Record: 50.83, Tiandra Ponteem, 2005

52.06 Lanie Whittaker Pepsi Florida Relays (4/06) 2nd  
 52.07 Ebony Eutsey Pepsi Florida Relays (4/06) 3rd  
 53.92 Alishea Usery Tom Jones Classic (4/21) 5th  
 54.65 Michelle Stegall Tom Jones Classic (4/21) 8th  
 1:02.34 Danielle Newsome UCF Invitational (3/24) 41st

### 400-METER HURDLES

School Record: 56.45, Piper Bressant, 1985

57.59 Ugonna Ndu Pepsi Florida Relays (4/06) 6th  
 59.72 Ashley Usery Pepsi Florida Relays (4/06) 18th  
 1:00.25 Amani Bryant Clyde Littlefield Texas Relays (3/29) 13th  
 1:00.77 Paige Morton Tom Jones Classic (4/21) 7th  
 1:01.17 Monique Harris Tom Jones Classic (4/21) 9th

### 800 METERS

School Record: 2:00.13, Hazel Clark, 1997

2:05.98 Cory McGee Tom Jones Classic (4/21) 1st (PR)  
 2:07.70 Genevieve LaCaze Pepsi Florida Relays (4/06) 4th  
 2:07.79 Mandy Perkins Pepsi Florida Relays (4/06) 6th  
 2:09.30 Agata Strausa Tom Jones Classic (4/21) 2nd  
 2:10.56 Sarah Davis Pepsi Florida Relays (4/06) 12th  
 2:12.31 Shelby Hayes Pepsi Florida Relays (4/06) 18th  
 2:18.85 Brittany Harrell Clyde Littlefield Texas Relays (3/29) -hept-  
 2:19.08 Brittany Koziara Tom Jones Classic (4/21) 5th

### 1,500 METERS

School Record: 4:09.86, Charlotte Browning, 2011

4:12.61 (PR) Cory McGee Payton Jordan Cardinal Invite (4/29) 3rd  
 4:15.92 (PR) Agata Strausa Payton Jordan Cardinal Invite (4/29) 3rd  
 4:16.82 (PR) Genevieve LaCaze Tom Jones Classic (4/21) 1st  
 4:19.72 (PR) Shelby Hayes Payton Jordan Cardinal Invite (4/29) 10th  
 4:22.46 Mandy Perkins Tom Jones Classic (4/21) 3rd  
 4:29.10 Callie Cooper Pepsi Florida Relays (4/06) 11th  
 4:35.22 Sarah Davis Tom Jones Classic (4/21) 4th

### 3,000 METER STEEPLECHASE

School Record: 9:55.44, Genevieve LaCaze, 2012

9:55.44 Genevieve LaCaze Payton Jordan Cardinal Invite (4/29) 8th (PR)  
 10:21.03 Agata Strausa Pepsi Florida Relays (4/06) 1st  
 10:25.32 Stephanie Strasser Drake Relays (4/28) 4th

### 5,000 METERS

School Record: 15:40.97, Shelly Steely, 1987

16:47.67 Callie Cooper UNF Invite (3/30) 7th

### 10,000 METERS

School Record: 32:24.70, Rebecca Lowe, 2009

33:44.64 Florence Ngetich Mt. SAC Relays (4/19) 3rd  
 35:17.85 Callie Cooper Mt. SAC Relays (4/19) 15th

### 4x100-METER RELAY

School Record: 43.12, K. Mitchell, Freeman, Rose, Howard, 1992

43.99 Florida "A" Pepsi Florida Relays (4/06) 5th  
 (Davis, Al. Usery, Ndu, Eutsey)

### 4x400-METER RELAY

School Record: 3:27.53, Freeman, K. Mitchell, Beasley, Howard, 1992

3:31.03 Florida "A" Pepsi Florida Relays (4/06) 3rd  
 (Eutsey, Al. Usery, Ndu, Whittaker)

### 4x800-METER RELAY

School Record: 8:23.30, Sa. Braasch, So. Braasch, Nash, Crowther, 1986

8:44.41 Florida "A" Pepsi Florida Relays (4/06) 1st  
 (LaCaze, S.Davis, Perkins, Hayes)

### SPRINT MEDLEY RELAY

School Record: 3:43.11, K. Mitchell, Howard, Downing, Beasley, 1991

3:44.05 Florida Pepsi Florida Relays (4/06) 1st  
 (D.Davis, Al. Usery, Whittaker, McGee)

### HIGH JUMP

School Record: 1.84m/6-0.50, Maria Galloni, 1992

1.79m/5-10.50 Taylor Burke Tom Jones Classic (4/21) 1st  
 1.72m/5-7.75 Brittany Harrell Clyde Littlefield Texas Relays (3/28)-hept-  
 1.65m/5-5 Alexis Muniz Pepsi Florida Relays (4/06) 17th

### LONG JUMP

School Record: 6.71m/22-0.75, Shara Proctor, 2009

6.25m/20-6.25 Daniela Griffin Clyde Littlefield Texas Relays (3/30) 1st (PR)  
 6.20m/20-4.25 Lorraine Graham Pepsi Florida Relays (4/06) 1st  
 5.88m/19-3.50 Brittany Harrell Clyde Littlefield Texas Relays (3/29)-hept-

### TRIPLE JUMP

School Record:

13.12m/43-0.50 Ciarra Brewer Drake Relays (4/28) 1st (PR)  
 11.92m/39-1.25 Gissell Warner UCF Invitational (3/24) 15th (PR)  
 11.63m/38-2 Trish Leger UCF Invitational (3/24) 17th (PR)

### POLE VAULT

School Record: 4.16m/13-7.75, Dara Altman, 2006

3.65m/11-11.75 Claire Spurling UNF Invite (3/30) 3rd  
 3.60m/11-9.75 Caitlin Schuessler Pepsi Florida Relays (4/06) 15th

### SHOT PUT

School Record: 18.50m/60-8.50, Liz Wanless, 2005

17.18m/56-4.5 Keely Medeiros FSU Seminole Invite (4/13) 1st  
 15.09m/49-6.25 Fidela James Tom Jones Classic (4/21) 2nd  
 12.82m/42-0.75 Arlithia Mackey Tom Jones Classic (4/21) 8th  
 11.67m/38-3.50 Brittany Harrell Clyde Littlefield Texas Relays (3/28)-hept-

### HAMMER THROW

School Record:

51.49m/168-11 Fidela James Tom Jones Classic (4/21) 2nd  
 46.55m/152-09 Jayla Bostic UNF Invite (3/30) 12th

### DISCUS

School Record: 57.49m/188-7, Rachel Longfors, 2004

52.57m/172-6 Keely Medeiros Drake Relays (4/27) 6th  
 51.39m/168-7 Ashley Miller Pepsi Florida Relays (4/06) 4th  
 49.26m/161-7 Kaitlin Davis Clyde Littlefield Texas Relays (3/31) 2nd  
 42.98m/141-0 Manuela Burtsher Pepsi Florida Relays (4/06) 11th

### JAVELIN

School Record: 58.99m/193-7, Evelien Dekkers, 2010

48.01m/157-6 Fawn Miller UCF Invitational (3/23) 2nd  
 35.40m/116-2 Brittany Harrell Tom Jones Classic (4/21) 3rd  
 32.91m/108-0 Manuela Burtsher UCF Invitational (3/23) 17th

### HEPTATHLON

School Record: 5,784, Heidi Mann, 1987

5,608 Brittany Harrell Clyde Littlefield Texas Relays (3/29) 2nd

## PERFORMANCE LIST LEGEND

A - NCAA Automatic-Qualifying Mark  
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## 2012 FLORIDA TRACK AND FIELD OUTDOOR SEASON VICTORIES UPDATED: MAY 7, 2012

### MEN

- ▶ Jeff Demps - Men's 100m (10.01) (+2.9) - 3/31/12
- ▶ Jeff Demps - Men's 100m (10.11) (+1.1) - 4/6/12
- ▶ Jeff Demps - Men's 100m (10.19) - 4/21/12
- ▶ Jeff Demps, Tony McQuay, Leonardo Seymore, Dedric Dukes - Men's 4x100m Relay (38.67) - 4/21/12
- ▶ Marquis Dendy - Men's Long Jump (7.68m/25-2.50) (-2.1) - 4/6/12
- ▶ Marquis Dendy - Men's Triple Jump (15.15m/49-8.50) - 4/21/12
- ▶ Dedric Dukes, Hugh Graham, Jr., Leonardo Seymore, Tony McQuay - Men's 4x400m Relay (3:02.41) - 4/28/12
- ▶ Dedric Dukes, Hugh Graham, Jr., Leonardo Seymore, Tony McQuay - Men's 4x400m Relay (3:05.27) - 4/21/12
- ▶ JL Hines - Men's 3,000m (8:27.42) - 4/21/12
- ▶ Josh Izewski - Men's 5000m (14:02.57) (PR) - 4/6/12
- ▶ Tony McQuay - Men's 400m (45.65) - 4/6/12
- ▶ Jeremy Postin - Men's Hammer Throw (70.73m/232-1) - 4/28/12
- ▶ Jeremy Postin - Men's Hammer Throw (68.07m/223-04) - 4/21/12
- ▶ Jeremy Postin - Men's Hammer Throw (66.21m/217-2) - 3/29/12
- ▶ Stipe Zunic - Men's Javelin (77.89m/255-6) - 3/30/12
- ▶ Stipe Zunic - Men's Javelin (75.41m/247-05) - 4/21/12
- ▶ Stipe Zunic - Men's Javelin (74.61m/244-9) - 4/27/12
- ▶ Stipe Zunic - Men's Javelin (73.84m/242-3) - 3/23/12
- ▶ Stipe Zunic - Men's Javelin (73.38m/240-9) - 4/6/12

### WOMEN

- ▶ Ciarra Brewé - Women's Triple Jump (13.12m/43-0.50 (+0.1)) - 4/28/12
- ▶ Taylor Burke - Women's High Jump Taylor Burke (1.79m/5-10.50) - 4/21/12
- ▶ Darshay Davis, Alishea Usery, Lanie Whittaker, Cory McGee - Women's 1600m SMR (3:44.05) - 4/7/12
- ▶ Ebony Eutsey, Lanie Whittaker, Alishea Usery, Ashley Usery - Women's 4x400m Relay (3:36.09) - 4/21/12
- ▶ Lorraine Graham - Women's Long Jump (6.20m/20-4.25) (-3.2) - 4/6/12
- ▶ Daniela Griffin - Women's Long Jump (6.25m/20-6.25) (+1.8) (PR) - 3/30/12
- ▶ Genevieve LaCaze - Women's 1500m (4:16.82) - 4/21/12
- ▶ Genevieve LaCaze, Sarah Davis, Mandy Perkins, Shelby Hayes - Women's 4x800m Relay (8:44.41) - 4/7/12
- ▶ Cory McGee - Women's 800m (2:05.98) - 4/21/12
- ▶ Keely Medeiros - Women's Shot Put (17.18m/56-4.25) - 4/14/12
- ▶ Keely Medeiros - Women's Shot Put (17.17m/56-4) - 4/21/12
- ▶ Agata Strausa - Women's 3000m Steeplechase (10:21.03) (MR) - 4/6/12

### PERFORMANCE LIST LEGEND

- A - NCAA Automatic-Qualifying Mark
- c - Converted Time
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## 2012 FLORIDA TRACK AND FIELD HONORS AND AWARDS UPDATED: MAY 7, 2012

### **HONORS BY ATHLETE**

#### **JEFF DEMPS**

- ▶ SEC Co-Men's Runner of the Week (April 3)

#### **LANIE WHITTAKER**

- ▶ SEC Co-Women's Runner of the Week (April 10)

#### **JEFF DEMPS, TONY MCQUAY, LEONARDO SEYMORE, DEDRIC DUKES**

- ▶ SEC Co-Men's Runners of the Week (April 24)

#### **JEREMY POSTIN**

- ▶ SEC Men's Field Athlete of the Week (April 24)

#### **DEDRIC DUKES, HUGH GRAHAM, JR., LEONARDO SEYMORE, TONY MCQUAY**

- ▶ SEC Co-Men's Runners of the Week (May 1)

### **HONORS BY COACH**

### **HONORS BY AWARD**

